



Slow Food Niagara-Ontario



sip, eat, chat, repeat

Slow Food Niagara celebrates
Terra Madre Day at Zest Kitchen, Fonthill
December 12, 2016
6:30 P.M.

Join in the celebrations!

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Terra Madre Day is Slow Food's annual day to promote the diversity of food traditions and production, and express our love for the planet and defend the future for the next generations.

Since 2009, each year on Slow Food's anniversary, food communities and Slow Food convivia all around the world celebrate **local eating**, **agricultural biodiversity** and **sustainable food production**. Celebrations honour Slow Food's philosophy of good, clean and fair food.

All those who share Slow Food's philosophy are invited to join in the celebration!

Cost:

Members: \$60.00

Non-Members: \$75.00

(Includes Canapes with Sparkling Wine, 3 Course Dinner, Tax & Gratuity; a variety of wines are available for purchase)

For more information and to purchase tickets:

Contact Valerie Grabove (vgrabove@sympatico.ca)

For more information about Slow Food, check our websites. New members welcome!

<http://www.slowfoodniagara.ca/aboutus.php>

<http://www.slowfood.com/about-us/>

SLOW FOOD MENU
Chef de Cuisine, Anthony Greco

CANAPES

Pingue Prosciutto Croquette

watercress pesto, smoked tomato puree

100km Mushrooms on Sourdough

shaved 'big buffalo', tarragon, minus 8 vinegar

BEGINNINGS

Smoked Heirloom Beets & Cultured Cream

black walnut dukkah, garlic scape relish, pristine soy & minus 8 vinaigrette

(Recommended wine: 2014 13th Street Unoaked Chardonnay)

MAIN ATTRACTION

36hr Braised Cumbrae Farm Beef Cheeks

bone marrow potatoes, Fenwick dark maple turnips

charred brussel sprouts, pickled mulberry jus

(Recommended wine: 2015 Cave Springs Dolomite Cabernet Franc)

SWEET ENDINGS

K2 Mill Multigrain & Parsnip Cake

cider poached pears, pink pearl apples, buttermilk ice cream

*Slow Food is a global, grassroots organization, founded in 1989 to **prevent the disappearance of local food cultures and traditions, counteract the rise of fast life and combat people's dwindling interest in the food they eat**, where it comes from and how our food choices affect the world around us.*

*Since its beginnings, Slow Food has grown into a global movement involving **millions of people in over 160 countries**, working to ensure everyone has access to [good, clean and fair food](#).*

Slow Food believes food is tied to many other aspects of life, including culture, politics, agriculture and the environment. Through our food choices we can collectively influence how food is cultivated, produced and distributed, and as a result bring about great change.



